



Mid-Columbia Unitarian
Universalist Fellowship
www.mcuuf.org

As I write this evening before Election Day, I see our hopes looming before us and grey clouds in the distance. The justice we seek has yet to bear full fruit. A dream of a people united has not yet come to pass.

Regardless of the outcome of this election, there will be work to do. This time calls us on to deeper spiritual practice so we may act with discernment and compassion, without rancor or reactivity. Helping the vulnerable, resisting hate with love, and engaging in daily acts of kindness sows seeds of resilience and connection among us. I remain of steadfast faith in the goodness of humanity and our ability to reach out to one another. The troubles we have had may weather that faith, but they have not destroyed it.

I find solace in the fact that we have been through other times that have challenged this nation and shaken us to our core. Still, we have not cast our dreams aside and entered the pit of despair. I choose to focus on what I can do right now, right before me, to make this world a better place than it was moments ago. Make beauty. Offer thanks. Show someone or something that you care. And breathe. Deeply. The gift of life pulses through us.

In love and solidarity,

Rev. Judy

SUNDAY SERVICES

(10 a.m. at the Rockford Grange)

This month's worship theme: "A Community of Story"

Nov. 13: "A World of Stories", Rev. Judy Zimmerman. Poet Muriel Ruykeyser has said "the universe is made of stories, not atoms". If stories are the foundation for our world, what might this mean for how we understand ourselves? Reality? And Unitarian Universalism?

Children- Divine presence. OWL- Intro to relationships and orientation.

Nov. 20: Native flutist and story teller James Greeley will join us.

Children- What are we thankful for.

ANNOUNCEMENTS

Mount Adams Ministerial Association (MAMA) presents its annual Ecumenical & Interfaith Thanksgiving Celebration **Monday, November 21**, 7 p.m. at the Bethel Congregational Church 480 E Jewett Blvd, White Salmon. Dessert and coffee to follow (donations of pies and desserts are welcome!).

The Women's Awareness Circle will meet Friday November 11, from 4-5:30 p.m. in a new location: the home of Irene Kurzweil. Discussion will center on transition and impermanence. All UU women are welcome. Please RSVP to Debbie O.

Join MCUUF's Volunteer Hood River Shelter (Warming and Cooling Shelter) Services Team: Make a difference in the lives of others and our community by serving those who are without a house or heat. Please join the UU shelter team this winter season that starts on November 20. To volunteer and for details, please contact Fran F.

Grange Available for Small Group Meetings. The Rockford Grange is available for small group and team meetings. Our rental agreement with the Grange allows for usage outside of Sundays. Please contact Brad A, MCUUF administrator (mcuuf1@gmail.com), for details about how to reserve the Grange.

Feed the wagon; feed our neighbors.

Food donations for Washington Gorge Action Programs and FISH Food Bank are received every Sunday Service. Your generosity and faith in action build a better world.

MCUUF

Curious about what's happening, when, and where? Go to www.mcuuf.org

Would you like to subscribe to this newsletter and the weekly eNews?

Just send an email to mcuuf1@gmail.com with the word "subscribe" in the subject line.

To unsubscribe from MCUUF emails, please send an email to mcuuf1@gmail.com with "unsubscribe" in the subject line.

The deadline for inclusion in the weekly eNews is midnight Monday. The MCUUF Newsletter comes out on the first Wednesday of each month (unless otherwise announced). The deadline for inclusion is midnight of the prior Monday. Please send your announcements to Brad Amer at mcuuf1@gmail.com