



Mid-Columbia Unitarian  
Universalist Fellowship  
[www.mcuuf.org](http://www.mcuuf.org)

## **SUNDAY SERVICES** **(10 a.m. at the Rockford Grange)**

**August 14: Poetry and Music** featuring Bob Schwarz's piano.

**August 21: "Gathering Sparks," Rev. Judy Zimmerman.** Given the presidential race, mass shootings, and rising economic inequality, it seems like the world is splitting wide open. What are we to do to keep our own heads on straight? How might gathering sparks help?

## **ANNOUNCEMENTS**

**Opportunities for involvement** are suggested to help new friends find a way to become more involved in our Mid-Columbia Unitarian Universalist Fellowship (MCUUF). Each week a different opportunity will be highlighted. Please ask Debbie O. or Steve C. for contact information or look in the blue booklet, which has all of the activities and is available at the visitor table for more information.

This week's opportunity:

**The Sunday morning setup team is responsible for setting up chairs, altar, keyboard and parking cones.**

### **Calling all Cooling Shelter Volunteers: Aug. 14, Sept. 11, and Oct. 9.**

We have a new opportunity to serve our homeless community during this hot summer and fall. Our MCUUF coverage of the new Cooling Shelter at the Center for Living will be on Sunday afternoons from 1-6 p.m. on **Aug. 14, Sept. 11, and Oct. 9**. It would be terrific to have experienced volunteers as well as those new to shelter service join us. The shifts are easy on our sleep cycles. Please sign up now for duties as a van driver, helping at Eco Laundry, and doing general guest services that include cooking and/or serving food. Please email Fran F. Questions welcome.

### **Women's Awareness Circle**

The Women's Awareness Circle will meet Friday Aug. 12, from 4 to 5:30 p.m. at the home of Jodie H. The word "solitude" will be discussed. All UU women are welcome. Please RSVP to Debbie O.

### **Feed the wagon; feed our neighbors.**

Food donations for Washington Gorge Action Programs and FISH Food Bank are received every Sunday Service. Don't forget your donation.

### **MCUUF**

Curious about what's happening, when, and where? Go to [www.mcuuf.org](http://www.mcuuf.org)

Would you like to subscribe to this newsletter and the weekly eNews?

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**The deadline for inclusion in the weekly eNews is midnight Monday. The MCUUF Newsletter comes out on the first Wednesday of each month. The deadline for inclusion is midnight of the prior Monday.**

**Please send your announcements to Brad at [mcuuf1@gmail.com](mailto:mcuuf1@gmail.com)**