



Mid-Columbia Unitarian  
Universalist Fellowship  
www.mcuuf.org

## **SUNDAY SERVICES** (10 a.m. at the Rockford Grange)

**August 21: “Gathering Sparks,” Rev. Judy Zimmerman.** Given the presidential race, mass shootings, and rising economic inequality, it seems like the world is splitting wide open. What are we to do to keep our own heads on straight? How might gathering sparks help?

**August 28: “Where can UUs turn in times of trouble?”—Elaine Castles.** In the face of life’s inevitable travails, many Christians rely on a loving God to watch over them and hold out hope for a better life in the hereafter. But most of us UUs find it hard to accept these conventional sources of solace. Where, then, can we turn when times get rough? Join Elaine Castles for a reflection on this important but little-discussed issue.

*Water! Water! Water!*

*Our annual Water Communion service will be held on Sept. 11. Please be on the lookout for water from near or far and save a small amount to include in this special ceremony.*

## **ANNOUNCEMENTS**

**The deadline for inclusion in the September MCUUF Newsletter is Monday August 29.**

### ***August Family Fourth Friday***

Join us for family fun, food and fellowship as we gather for Family Fourth Fridays! We have been having a blast this summer getting to know each other and support each other’s families. This month we will continue our tradition at the Rockford Grange on **August 26 at 5:30**. Dinner will be provided and all members of our UU family are invited, from newborn to great-grand parents. We hope you will come and play with us! Please contact Mandi Rae P. with any questions.

### ***Get the word out!***

MCUUF is offering the **Our Whole Lives (OWL)** curriculum this year for 7th-9th graders. This is a comprehensive Sex Ed program that will be offered twice monthly on Sunday during worship from September-May. Please contact Alicia B. if you or someone you know may be interested.

**Opportunities for involvement** are suggested to help new friends find a way to become more involved in our Mid-Columbia Unitarian Universalist Fellowship (MCUUF). Each week a different opportunity will be highlighted. Please ask Debbie O. or Steve C. for contact information or look in the blue booklet, available at the visitor table, for more information. This week’s involvement opportunity: ***Greeters welcome new visitors on Sunday and introduce them to our UU Fellowship.***

### ***Calling all Cooling Shelter Volunteers: Sept. 11 and Oct. 9.***

We have a new opportunity to serve our homeless community during this hot summer and fall. Our MCUUF coverage of the new Cooling Shelter at the Center for Living will be on Sunday afternoons from 1-6 p.m. on **Sept. 11 and Oct. 9**. It would be terrific to have experienced volunteers as well as those new to shelter service join us. The shifts are easy on our sleep cycles. Please sign up now for duties as a van driver, helping at Eco Laundry, and doing general guest services that include cooking and/or serving food. Email or call Fran F. Questions welcome.

***The Hood River Warming Shelter Needs a Home!*** Our unhoused neighbors are counting on us to have a place to stay when winter hits in earnest in mid-November. We don't have a facility to rent yet. All of MCUUF's eyes and ears are needed to find a shelter location for this season ASAP. Contact Fran F, MCUUF's representative to the shelter Steering Committee, or Rev. Judy, if you have any leads.

***Feed the wagon; feed our neighbors.***

Food donations for Washington Gorge Action Programs and FISH Food Bank are received every Sunday Service. Don't forget your donation.

**MCUUF**

Curious about what's happening, when, and where? Go to [www.mcuuf.org](http://www.mcuuf.org)

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**The deadline for inclusion in the weekly eNews is midnight Monday. The MCUUF Newsletter comes out on the first Wednesday of each month (unless otherwise announced). The deadline for inclusion is midnight of the prior Monday. Please send your announcements to Brad A. at [mcuuf1@gmail.com](mailto:mcuuf1@gmail.com)**