



Mid-Columbia Unitarian
Universalist Fellowship
www.mcuuf.org

SUNDAY SERVICES (10 a.m. at the Rockford Grange) This month's theme: "Grace"

January 20: "It Happens to a Lot of Us" Rev. Sarah Schurr, with Dick W, celebrant. What do we do when deep bits of wisdom and insight come flooding into us, unbidden? Some people call these moments of grace "Mystical Experiences"; others try to ignore them. How can we embrace this kind grace as Unitarian Universalists? Rev. Schurr is a member of the Congregational Life Staff group of the UUA Pacific Western Region.

January 27: "Grace for Unitarian Universalists," Rev. Judy Zimmerman, with Steve H, celebrant. Grace is one of those words that are difficult to clearly define. What might grace mean for Unitarian Universalism, where science and reason often hold sway over the supernatural in shaping understandings of what might be called the holy?

ANNOUNCEMENTS

CONNECTION

It's a BREEZE to access the MCUUF directory! Breeze is the online church-management system MCUUF is using. Members and friends can easily access the website and the mobile app to see photos and contact information for others, make changes to their contact information, check their annual pledge and giving history (only theirs, not others'), and email or text others in the system. It's easy to sign up and VERY user friendly. If you've not already signed up, please contact Brad at mcuuf1@gmail.com and he will email you an invitation to join and instructions.

Seminary for a Day at First Unitarian Church in Portland. Are you yearning for greater depth in your spiritual life? "Seminary for a Day" will be returning to First Unitarian Church in Portland on Jan. 26 from 8:30-4:30 p.m. Join special guest Rev. Sofia Betancourt, assistant professor at Starr King School for the Ministry, and other teachers. Topics will include environmental and climate activism, "ecowomanism," children and nature, gentle yoga, music, and more. Childcare is available upon request. To view course descriptions and to register, please visit: <http://www.firstunitarianportland.org/registration>.

SOCIAL ACTION

Martin Luther King Day Celebration—themed "**A Great Nation, A Compassionate Nation**"—will be Monday, January 21, at Riverside Church, 4th and State Street, Hood River. Our own Rev. Judy and Tom K, members of the Gorge Ecumenical Ministries committee (Building Community Connections) that organizes the event every year, have been involved in the planning. Our own Bob Schwarz will be at the piano. There will be workshops from 4:00-5:20 p.m.: "Know Your Rights" (in Spanish), with MariRuth Petzing of Immigration Counseling Services and "Beyond the Border: Stories from our Immigrant Neighbors," followed by a one-hour celebration at 5:30 and a potluck dinner at 6:30. Childcare and professional Spanish language interpretation available.

New Hood River Warming Shelter Training Dates. Join the MCUUF team and invite your friends to one of the two **additional new-volunteer training sessions** for the

Warming Shelter. Both will be held in the Riverview Room (formerly the Pioneer Room) at Riverside Church: January 26, 9-11 a.m., and January 27, 2-4 p.m. For more information, contact Fran F.

FISH Food Bank service opportunity for newcomers and families. Members and friends of MCUUF are responsible for serving the public at the Hood River FISH Food Bank on Monday, Wednesday and Friday every eighth week. This team effort is an excellent activity for newcomers who wish to be involved in a social action activity with other members of the fellowship. It is also an activity that has been enjoyed by members and friends of all ages, including school-aged children. The Hood River FISH Food Bank is located at 1130 Tucker Road, to the right of Spirit of Grace Church. (We use the church parking lot.) We are asked to arrive at 3:15 p.m. to check in and get oriented. We serve the public from 3:30-5:00 (5:30 on Wednesday).

The food bank is set up like a grocery store. Each volunteer will accompany a “shopper” who will be given a grocery cart to collect food as he or she progresses through the aisles. Each shopper can choose food within restrictions posted on the shelves. This procedure is straightforward; upon arrival, newcomers will be walked through the process with an experienced person.

Our next Unitarian Universalist days to serve at FISH are Feb. 18-20-22. If you are interested in volunteering or learning more about this activity, please contact Susan T.

Mid-Columbia Unitarian Universalist Fellowship

Curious about what’s happening, when and where? Go to www.mcuuf.org

Would you like to subscribe to our weekly eNews and monthly newsletter?

Just send an e mail to mcuuf1@gmail.com with the word “subscribe” in the subject line.

To unsubscribe, do the same with the word “unsubscribe” in the subject line.

The deadline for inclusion in the weekly eNews is midnight (11:59 p.m.) Monday. The MCUUF Newsletter comes out on the first Wednesday of each month (unless otherwise announced).

The deadline for inclusion is midnight of the prior Monday.

Please send your announcements to Brad at mcuuf1@gmail.com