



Mid-Columbia Unitarian
Universalist Fellowship
www.mcuuf.org

MCUUF Weekly eNews for March 10, 2021

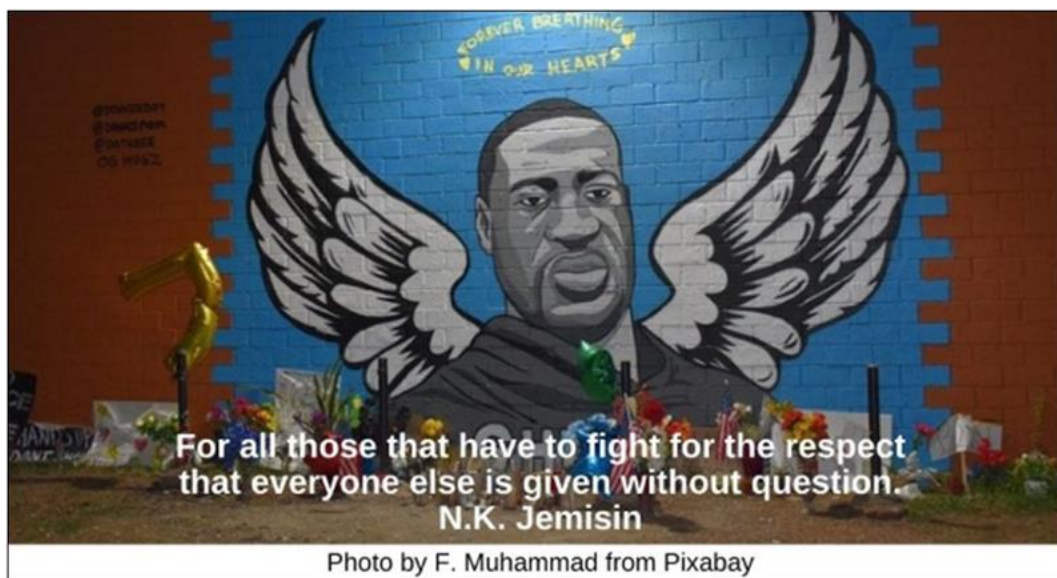
Sunday Service is online at 10:00 a.m.
(See the link below)

**DAYLIGHT SAVINGS TIME ARRIVES SATURDAY NIGHT:
REMEMBER TO SET YOUR CLOCKS FORWARD 1 HOUR.**

March 14: “A COVID Anniversary,” Rev. Judy Zimmerman, with Adam P, celebrant. This past year has been like no other. We’ll reflect on what we’ve learned, what we wish we had learned, and our losses and sacrifices. How might we continue to live our best lives during what remains in the pandemic?

We will be joined this week by the Eastrose UU Fellowship of Gresham, Oregon.

Click on: <https://zoom.us/j/767376780> to enter the online worship service.
To join by telephone, dial (253) 215-8782 and enter the meeting code 767376780 followed by the pound sign.



Minister’s Message

I write you on International Women’s Day, March 8. The roots of this holiday can be traced to the 1910 and labor movements connected with the Socialist Party in the United States and internationally. In 1975 the United Nations began celebrating the day. Since then, this day has become more widely recognized, drawing attention to the status of girls and women across the globe, and building advocacy for women’s rights.

It was Unitarian Universalism's affirmation of women's worth, its bold social-justice work, and prevalence of female leaders that drew me to this faith in my young adulthood. Let International Women's Day and March, Women's History Month, spur study and justice-making.

The [Unitarian Universalist Service Committee](#) has been a hub for global activism on women's rights. The [UU Women's Federation](#) has continued to sponsor multiple initiatives and actions for women's rights. The UUWF has grown incredibly since I joined in 1988. The Dictionary of Unitarian and Universalist Biography has a listing of [women in UU history](#). May these resources nourish your spirit.

With love,
Rev. Judy

Want to meet? We can talk on the phone, do a Zoom call, have a socially distanced front-porch chat, or walk. Let's set a time: jzimmerman@uuma.org 503.970.0564

Did you receive your Fellowship packet in the mail yet?!

If you don't see it by the end of this week, contact Lori G. We don't want you to miss out on our Fellowship Drive!

Religious Exploration *by Sullivan M, RE coordinator*

Notes for All Ages: "Like a Girl"

When I was a kid, I heard the phrase "*like a girl*" all the time, usually from boys teasing other kids. Sometimes adults would use it too. They'd say, "You run like a girl!" or worse, "You cry like a girl." I still hear things like this today, sometimes. It always makes me wonder, "*What do you really mean when you say that?*"

We all speak without thinking sometimes, and I think most people aren't really thinking deeply when they're teasing, even when it's meant to be playful.

So let's think more deeply about it. What do I observe when I hear these things? I try to notice:

When someone says, "You run like a girl!" they are often reacting to someone running slowly, cautiously, or imprecisely, like with their arms flailing.

When someone says, "You cry like a girl," they might be observing that someone is frightened or upset by something that doesn't seem like a big deal.

This kind of teasing feels complicated. There's a lot going on here.

1. It puts women and girls into a box. It makes it sound like all girls behave in a certain way or enjoy certain things, and that's not true.
2. It assumes that boys who act this way are "girly" and that being girly is a bad thing. That's not true either.
3. And it tries to tell me that if you are physically strong and emotionally "tough," you are better than others. That is definitely not true.

So let's challenge this!

1. If you run like a girl, maybe you run like soccer star Megan Rapinoe! (. . . *Maybe not. I know I don't!*) Women and girls can be amazing in many ways: powerful, creative, determined, confident, kind, inspiring.
2. All kids can enjoy activities like cooking, gardening, sewing, and dancing. All kids can love books or shows that are focused on women or that have themes of friendship, kindness, and non-violence.

3. No matter your gender, not being a great runner is fine! Being emotionally sensitive is a superpower! There's nothing wrong with crying to express yourself. You have unique gifts and passions that will make the world a better place. You can put your energy towards the things that really matter to *you*.

You run like you. You laugh like you. You lead like you. You love like you. So let's recognize the worth of people by celebrating their unique way of being, instead of comparing them to gender stereotypes. Let's be curious about the way our words shape our brains and inspire our actions.

With love,
Sullivan



Opportunities for Youth:

Register for the 2021 Virtual Intergenerational Seminar! Adults and teens age 14 and up can participate in this amazing event. The theme is *All In for Climate Justice: Food Equity and Sustainability*. What a great way to engage is two important congregational values: climate justice and intergenerational community!

This dynamic event will take place online Friday, April 9, through Sunday, April 11. Programs will ground, connect, and equip participants to take action toward achieving climate justice through more equitable and sustainable food systems. Registration is open until March 18. More info here:

<https://www.uua.org/international-justice/un/spring-seminar?fbclid=IwAR12x4LloFNRVHNRyh836JXHmdgzH2Kxtyu8RA7KvHir2oK44ZjPIajAAtA>

Feel free to contact MCUUF's coordinator of religious education, Sullivan Mackintosh, at sullivan.mcuuf@gmail.com if you have questions.

MUCCF Chalice Lighters

Greetings All,

This is David K, your MUCCF Chalice Lighters coordinator. As you may have heard, we recently received a \$10,000 Chalice Lighters tech grant to help with our online services.

Several years ago, we received another tech grant to improve our sound system. Our recent special grants were obtained because we met the minimum threshold of 20% of our membership being enrolled in the Chalice Lighter program. But to qualify for full Chalice Lighters grants, we need to have at 30% of congregation membership participating in this program. Therefore, we currently need 7 more members to meet this threshold.

If you are not familiar with Chalice Lighters, it is a program from UU's Pacific Northwest District that pools money from UU congregations in the Pacific Northwest. This fund pool shares grant money for anything from tech, building improvements, to special programs that congregations are doing.

By being a Chalice Lighter, you will be asked to contribute three times a year at a minimum of \$20. Each call usually comes in winter, spring and fall.

If you are not enrolled, already please consider becoming a Chalice Lighter, partly to help our congregation but also to help UU congregations around the Pacific Northwest to offer a more progressive, just, inclusive, and loving message to the communities they serve.

To enroll, go to PNWDUUA.org. On the opening page, click on the link under **PNWD Chalice Lighters** and see where you can sign up. Then please notify me when you have signed up so that I can keep an updated record of MCUUF enrollment for our board. Thank you.

In wellness,
David K.



MCUUF Men's Group Meeting

The Men's Discussion Group will be meeting tonight (Wednesday, March 10) from 6:30 to 8:00 on Zoom. We welcome all UU men. If you would like to join us, please contact Brad at mcuuf1@gmail.com for more information and the Zoom link.

Lessons from COVID

Monday March 15 12 - 1 p.m. On the one-year anniversary of the COVID shutdown, we'll reflect on what we've learned during the pandemic. Guest panelists include:

Catherine Dalbey, Hood River County Schools District Office
Debi Budnick, Community Health & Outreach Coordinator, Skyline Hospital
Suzanne Wright Baumhackl, Owner, Solstice Wood Fire Cafe

Join us for this important community forum. <https://us02web.zoom.us/j/88108353231>
To join by phone +1 253 215 8782 Meeting ID: 881 0835 3231

Sponsored by Gorge Ecumenical Ministries. MCUUF is a member of this interfaith organization.

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Curious about what's happening, when and where? Go to www.mcuuf.org

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**The MCUUF eNews comes out each Wednesday (unless otherwise announced).
The deadline for inclusion in the weekly eNews is midnight (11:59 p.m.) Monday.
Please send your announcements to Brad at mcuuf1@gmail.com**